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February Events Bulletin

Lunar New Year- Monday 3rd February

The nursery will be celebrating **Lunar New Year** (Year of the Snake) on Monday 3rd February! This is a wonderful opportunity for the children to learn about and embrace the rich traditions and culture of this festive occasion. We encourage children to come dressed in red or traditional Chinese attire, as red symbolises good fortune and joy in Chinese culture.

National Storytelling Week – 1st- 9th February

The nursery will be celebrating **National Storytelling Week** from 1st – 9th February! This special week is dedicated to the magic of stories, sparking imagination, and fostering a love for books and storytelling in our little learners. Throughout the week, the children will take part in various activities, including: **storytelling sessions, role play and dress up day** & **creative storytelling** where children will have the chance to create their own stories.

Children's Mental Health Week – 3rd - 9th February

The nursery will be celebrating **Children's Mental Health Week** from 3rd to 9th February! This year's theme, *Know Yourself, Grow Yourself*, aims to support children in developing self-awareness, confidence, and emotional well-being. During the week, children will participate in a range of activities designed to nurture these qualities.

We're excited to offer a week full of growth and positive experiences!

Thank you in advance for your support!





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MENTAL HEALTH





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Valentine's Day – Friday 14th February

Love and kindness will be the theme of the day as we celebrate Valentine's Day! The children will create lovely keepsakes for loved ones, will read stories about love and friendship and take part in fun group activities to celebrate togetherness.

We encourage children to wear something red or pink on the day to join in the festive spirit!

Random Acts of Kindness Day – Monday 17th February

Acts of kindness help create a more positive and supportive world. To celebrate Random Acts of Kindness Day, the children will take part in activities that promote empathy and generosity.

Kindness challenge – inspiring children to perform small, thoughtful gestures for their friends and teachers.

Stories of kindness – reading books that highlight the value of being kind and considerate.

Empathy through role-play – engaging in interactive scenarios to help children understand and practice kindness in different situations.

We invite you to encourage kindness at home and share with us any heartwarming moments of generosity your child displays outside the nursery!

First Day of Ramadan- Wednesday 28th February

We appreciate the significance of Ramadan, a time for reflection, kindness, and community. To honour the beginning of this holy month, we will introduce children to Ramadan's values through storytelling and discussions on generosity and gratitude. The children will engage in Ramadan-themed crafts, fostering creativity and cultural awareness. We will also explore the concepts of sharing and giving, reinforcing the importance of kindness and empathy.



Ramadan





